

**Rubric Name: Assignment 1: Improve a meal**

<b>Criteria</b>	<b>Level 4 3 points</b>	<b>Level 3 2.5 points</b>	<b>Level 2 2 points</b>	<b>Level 1 1 point</b>	<b>Criterion score</b>
<b>Meal Description</b>	Clearly lists all foods with details on preparation (bought/cooked), brand names, and amount	Lists most foods with details, but some information is missing.	Meal is described, but details are unclear or incomplete.	Few or no foods listed, with missing or unclear details	/3
<b>Health Improvements</b>	Provides thoughtful, realistic suggestions that improve nutrition while keeping the meal enjoyable.	Suggestions improve health but may not be practical or enjoyable.	Suggestions are vague, unrealistic, or show little improvement.	No suggestions provided or changes are minimal.	/3
<b>Feedback &amp; Revisions</b>	Actively engages in discussion, provides and applies feedback, and makes meaningful improvements.	Engages in discussion and applies some feedback, but revisions could be stronger.	Limited engagement; makes minimal changes based on feedback.	Does not participate in feedback or revise meal.	/3
<b>Final Meal Plan</b>	Clearly outlines a healthier, balanced meal with appropriate details.	Provides a healthier meal, but some details are missing.	Meal changes are minor or unclear	No improved meal plan provided.	/3

<b>Participation &amp; Effort</b>	Fully completes the assignment with effort and engaging drawing	Completes most of the assignment with some effort.	Puts in minimal effort; parts of the assignment are missing.	Little to no effort; assignment is incomplete.	/3
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<b>Total</b>	/15
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**Overall Score**

<b>Level 4</b> 11 points minimum	<b>Level 3</b> 8 points minimum	<b>Level 2</b> 5 points minimum	<b>Level 1</b> 0 points minimum
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